

# Moving Minds XI

Sat 25 May • 10.30am-3.30pm  
Kelvingrove Museum & Art Gallery  
Argyle Street, Glasgow G3 8AG

**Moving Minds is our annual celebration of wellbeing and diversity, led by VOX Scotland and SMHAF. Join us for a day of family-friendly activities at Kelvingrove exploring this year's theme of Connected.**



Fashion Show & Dance Performance

## DROP-IN ACTIVITIES

**10.30am-3.30pm, Main Hall**

### INTERACTIVE STALLS

#### INFORMATION & WORKSHOPS

Stalls featuring family-friendly creative activities and information about services from VOX Scotland, Mental Health Foundation, See Me, GAMH, Mental Health Network (Greater Glasgow), Maryhill Integration Network.

### WELLBEING OF THE WOODS

#### VISUAL ARTS

Photography exhibition showcasing work produced through the WOW Project, provided in partnership with Scottish Forestry and Open Eye.

**11.45am-3.30pm, Education Room**

### SHORT FILMS BY YOUNG CARERS

#### FILM

Screening throughout the day, these short films have been produced by young carers working with GAMH.

## SCOTTISH MENTAL HEALTH ARTS FESTIVAL



Siobhan Wilson

## EVENTS TIMETABLE

**11am-11.40pm & 3-3.40pm, Education Room**

### SMHAF 2019: FAMILY SHORTS

#### FILM

Aimed at engaging young minds in mental health, these short films explore wellbeing, worries and emotions in creative and colourful ways.

**11.30am-12pm, Main Hall**

### CONNECTED: GUIDED TOUR

#### HERITAGE

A unique tour of specially selected objects from Kelvingrove Museum exploring the theme of Connected.

**12-12.20pm, Main Hall**

### FREEDOM CHOIR

#### MUSIC

Performance by Maryhill Integration Network's Freedom Choir, an all-female singing group.

**12.30-1pm, Main Hall**

### FASHION SHOW & DANCE PERFORMANCE

#### DANCE

Dance performance showcasing Eastern and Western fashion, led by Maryhill Integration Network, AlbScot and Handmade in Glasgow.

**1.30-2.30pm, Main Hall**

### SIOBHAN WILSON

#### MUSIC

A short set by the acclaimed Scottish singer-songwriter, who released her new album The Departure this month.



Scottish  
Forestry  
Coilltearachd  
na h-Alba



Scottish Government  
Riaghaltas na h-Alba  
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museums



Mental Health  
Foundation  
Scotland

70 YEARS