

# VOX 53<sup>rd</sup> Board Meeting Monday 23<sup>rd</sup> November 2015 The Renfield Centre, 260 Bath Street Glasgow

Present	Gordon Johnston Pauline Bradley Dianna Manson Chris Evans David Atiyah Laura Caven Donald Grant John Sawkins	Chairperson Member Director Member Director Member Director Member Director Member Director Member Director Member Director
In Attendence	Tracy Laird	Member Director
In Attendance	Wendy McAuslan John Steel	Development Coordinator Administration Officer

# 1. Welcome

Gordon Johnston welcomed everyone present.

Apologies	Amanda O'Connell	Vice Chairperson
	Chris White	Member Director
	Carol Mapley	Member Director

# 2. Declaration of Interest

There were no declarations of interest.

# 3. Minutes

The minutes of the 52<sup>nd</sup> board meeting held on Monday 28<sup>th</sup> September 2015 were formally accepted on the motion of Dianna Manson and David Atiyah.

# 4. Matters Arising

The matters arising would all be covered by the agenda items.

# 5. Work Programmes

The following items were fully discussed:

- > Spending Cuts, questionnaire has been distributed.
- Human Rights, an application to the Scottish Government has been submitted, we have still to obtain feedback. An application was also put in to the Baring Foundation regarding human rights (together with NSUN and the MHF)
- Advance Statements, Wendy suggested running a focus group in January with the Mental Welfare Commission regarding developing their advance statements information resource/guidance. Date to be arranged.
- Stigma and Discrimination, we are working on the Rights to life/Agenda for Change work to challenge discrimination together with See Me and the Scottish Recovery Network (SRN)
- Peer Support, Wendy suggested a focus on on-line support/how people use this/advantages and disadvantages and potential supports. To progress and work with the SRN

# 6. Finance Update

A full update of the finances was provided, including any overspends/underspends, and discussion about the best way to lay out the accounts so the board could have them presented as clearly as possible.

# Action: Wendy to lay out future accounts with suggested amendments

# 7. Board policies

Two policies which were in draft form and to be sent around with any additional changes namely the risk prevention and the social media policy.

It was agreed these should be finalised, and two additional policies should be started by the next meeting.

# Action: Wendy to progress

#### 8. Away Day

Much discussion took place regarding the Board Away Day on Tuesday  $15^{th}$  December in Linlithgow and the topics for discussion on the day.

# Action: Wendy to draft an agenda a few days prior to the away day taking place.

# 9. AGM Evaluation

Wendy commented on the result of the evaluation forms which had been requested by the board. A total of 23 evaluation forms had been returned, many of which were very complimentary however there appeared to be some confusion regarding the voting procedure on the day further details below:

Evaluation Forms completed 23

1. Encouraged me to be more involved?

Yes, 56%, No, 22%, don't know, 22%

2. More aware of rights?

Yes, 43%, No, 17%, don't know, 40%

3. Better outcomes for people with mental health problems?

Yes, 74%, No, 13%, don't know, 13%

# **10. Future Members Meetings**

Some discussion took place regarding the next members meeting due in February 2016, it was agreed to hold it on **Saturday 13<sup>th</sup> February 2016**, it was intimated that either Edinburgh or Stirling would be most suitable.

The content of the day would be decided at the away day.

# Action: Wendy and John to source available venues/progress.

# **11. Membership Applications**

We received two individual and two associate members' applications which were confirmed by the board.

Wendy stated that she had also re-arranged a meeting to talk to a potential group member.

# Action: John Steel to write and confirm applications.

# 12. Date of Next Meeting

It was suggested that as there is no meeting in December that the January meeting should be held on 18<sup>th</sup> January 2016.

# Action: John Steel to check with Renfield Centre for availability.